



Education and Culture DG



AGÊNCIA NACIONAL PROALV
PROGRAMA APRENDIZAGEM AO LONGO DA VIDA

Lifelong Learning Programme

ERASMUS INTENSIVE LANGUAGE COURSES 2009-2010 ORGANISING INSTITUTION'S INFORMATION FORM

INSTITUTION NAME:	INSTITUTO POLITÉCNICO DE TOMAR	
ADDRESS:	ESTRADA DA SERRA, QUINTA DO CONTADOR, 2300-313 TOMAR	
COUNTRY:	PORTUGAL	
EILC LANGUAGE:	PORTUGUESE	
LEVEL COURSES ORGANISED:	LEVEL I (BEGINNER) <input checked="" type="checkbox"/>	LEVEL II (INTERMEDIATE) <input type="checkbox"/>
	NUMBER OF COURSES: 1 DATES: 24/08/2009 TO 15/09/2009	NUMBER OF COURSES: DATES: __/__/__ TO __/__/__
WEBSITE	www.gri.ipt.pt	

PLEASE NOTE THAT ALL STUDENT EILC APPLICATION FOR OUR EILC SHOULD BE SENT BY E-MAIL TO THE FOLLOWING ADDRESS:

GRI@IPT.PT

STAFF

JOB TITLE / NAME		ADDRESS, TELEPHONE, FAX, E-MAIL
CONTACT PERSON FOR EILC	CONCEIÇÃO CATROGA	GABINETE DE RELAÇÕES INTERNACIONAIS DO IPT AV. CÂNDIDO MADUREIRA, Nº 13 2300-531 TOMAR + 351249346363 + 351249346366(FAX) C.CATROGA@IPT.PT
JOB TITLE	IRO EXECUTIVE COORDINATOR	

RESPONSIBLE PERSON FOR THE PROGRAMME	SOFIA MOTA
--------------------------------------	------------

PART I: GENERAL INFORMATION

- DESCRIPTION OF TOWN

- **SHORT HISTORY AND LOCATION**

The city of **Tomar** is a medium-size city in central Portugal beautifully located on the banks of the river Nabão. Therefore, its inhabitants are called the Nabantinos. With about 43,000 inhabitants, it spreads through an area of 351 km². The municipality is composed of 16 parishes and is located in the district of Santarém in the Ribatejo Province. The streets and squares of the picturesque centre of Tomar are organised following a chessboard pattern. Scattered throughout the town there are many interesting houses with Renaissance, Baroque and Romantic façades. By the river Nabão there is a park, the so-called *Mouchão*, which offers nice views of the city and surroundings.

The city was founded in the 12th century. It was conquered to the Mouros by King Afonso Henriques in 1147 and donated to the Templar Order in 1159. Gualdim Pais, the Grand Master of the Order and the city's mythical founder, laid the first stone of the Castle and Monastery that would become the Headquarters of the Order in Portugal. The *foro* or feudal contract was granted to the city in 1162 by the Grand Master. The Templars ruled from Tomar a vast region of central Portugal which they pledged to defend from Moorish attacks. Tomar was especially important in the 15th century when it was a centre for Portuguese overseas expansion under Henry the Navigator, the Grand Master of the Order of Christ, successor organization to the Templars in Portugal. Today, the Convent of Christ is one of the most remarkable monuments in the country being included in the UNESCO's World Heritage list since 1983.

- **MAIN LOCAL/CULTURAL EVENTS**

Festa dos Tabuleiros is our main Festival and takes place every four years during the first week of July. It is a magnificent event dedicated to the Holy Spirit which involves several months' work and attracts to Tomar some 500 000 visitors. Hundreds of traditional *tabuleiros* decorated with paper flowers and loafs of bread are carried by women dressed in white accompanied by men wearing black trousers, white shirt and red tie who form a procession and walk through the town streets.



Saint Iria fair takes place on 20 October every year and is dedicated to Iria, the patron saint of Tomar. It includes a popular trade fair and a great procession with flowers thrown into the Nabão river, the place where according to the legend the saint has been deposited after having been sacrificed.

The Soup Festival is a gastronomic event held every year in May where a wide variety of delicious soups prepared

by local restaurants can be tried and enjoyed.

- HOW TO REACH TOWN (LINKS FROM THE NEAREST AIRPORT, TRAIN OR COACH STATIONS)

Access to Tomar

✈ Plane

The International Airport of Lisbon is located in Portela, 7km Northeast from the city centre. It offers daily flights to major Portuguese cities and overseas. The airport is about 130 km from Tomar. From Lisbon Airport take a taxi (around 10€) or a bus (lines 5 and 44, around 1,50€) to Estação do Oriente, which is located at Parque das Nações. Here take a train to Tomar.

Lisbon Airport

☎ (+351) 218 413 500

🌐 <http://www.ana.pt>

🚗 Road Network

To access Tomar by car from the airport take the motorway A-1 up to Torres Novas exit and then take motorway A-23 which is toll-free.

If you come from Coimbra, take the motorway A-1, exit at Condeixa and take N-110 or exit at Torres Novas and take A-23.

There are also daily buses (express buses) from the main cities in the country to Tomar. For further information, please go to:

🌐 <http://www.rede-expressos.pt/>

🚆 Train

The railway station is located within five minutes' walk from the city centre. There are direct connections from Lisbon to Tomar (a 1h30m-trip) but not from cities to the North of Tomar such as Coimbra, Aveiro or Porto.

If you come from Lisbon airport, take the train at Estação do Oriente in Parque das Nações. There are direct trains to Tomar. The trip to Tomar takes about 1h30m.

If you come from Sá Carneiro airport in the North, you have to exit at Entroncamento station and take the connection train to Tomar.

The train service is run by Comboios de Portugal (CP).

For further information, please call:

☎ +351 213 185 990

🌐 <http://www.cp.pt>

- TRANSPORT IN TOWN (BRIEF INFORMATION ON THE MAIN MEANS OF TRANSPORT AVAILABLE)

How to get to the campuses

Tomar campus is located at approximately 5km from the non-payable motorway A-23 that connects to A-1 (Oporto-Lisbon motorway) and within 15 minutes walk from the city centre.

Transport to Tomar campus

You can access the campus by car, by taxi or by bus.

Bus

There is a bus line (a red bus called TUTOMAR) with stops in different parts of the city, which goes to the campus (tickets cost 0,70€).

Pass cards or rechargeable cards can be bought at the central bus station in the city centre.

If you require further information, please call

☎ +351 249 312 815

🌐 <http://www.i-tomar.info/cmovtut.php>

SHORT DESCRIPTION OF THE ORGANISING INSTITUTION

Brief History



The Polytechnic of Tomar is a young institution. Its history dates back to the beginning of 1973, when it was created by ministerial decree but it was only in 1982 that installation of the School of Technology was possible. In 1986, the first bachelor degrees were created and classes held in an old building in the downtown using laboratories located in several spots of the city. Finally, in 1992 it changed to a new campus with over 10 hectares. On 1

January 1997, it obtained the permanent statute of independent establishment housing three schools: the School of Technology and the School of Management at Tomar and the School of Technology at Abrantes. The Polytechnic comprises two campuses: the main campus in Tomar and the Abrantes campus (in the city of Abrantes). Today, about 4500 members integrate our academic community: 4000 of these are students, 300 are teachers and 125 are technical and administrative staff.

Tomar Campus

Which is located in the city of Tomar and houses the Tomar Technology School (ESTT).

🌐 <http://www.estt.pt>

and the Tomar Management School (ESGT)

🌐 <http://www.esgt.pt>

Abrantes Campus

Which is located in the city of Abrantes and houses the Abrantes Technology School

🌐 <http://www.esta.ipt.pt>

Educational Structure

As a consequence of the accommodation of degree programmes to the Bologna model, the former Licenciatura degrees (four- or five-year courses) offered by the Polytechnic of Tomar were converted into BSc degrees (three-year courses), which are first-cycle studies as according to Bologna. The Polytechnic also offers post-graduation programmes and some departments may organise MSc programmes in a near future.

Apart from professional training courses, retraining programmes for teachers and staff lifelong learning actions, the Polytechnic also offers a specialization programme in Preservation and Musealization of Archaeohistorical Sites and two post-graduation programmes in partnership with other universities: the Master's Degree in Prehistoric Archaeology and Rock Art (under the framework of ERASMUS-MUNDUS program), a partnership between the IPT and the Trás-Os-Montes e Alto Douro University (UTAD), the Master's Degree in Geographic Information Systems (GIS) a partnership between the IPT and the UTAD and the Master's Degree in Landscape Management and Preservation, a partnership between the Polytechnic of Tomar and the University of the Algarve.

Degrees in the Polytechnic of Tomar

BSc degrees offered by Schools of the IPT are:

Technology School of Tomar	www.estt.pt
<p>Electrotechnical and Computer Engineering Chemical and Biochemical Engineering Environmental and Biological Engineering Design and Graphics Technology Conservation and Restoration Civil Engineering Computer Engineering Plastic Arts, Painting and Multimedia Photography Archaeological Techniques</p>	
Management School of Tomar	www.esgt.pt
<p>Business Administration Tourist and Cultural Management Human Resources Management and Organizational Behaviour Auditing and Taxation Public Administration Commerce and Services Management Health Services Management</p>	
Technology School of Abrantes	www.esta.ipt.pt
<p>Product Design and Development Mechanical Engineering Media Studies Communication and Information Technologies</p>	
Post-Graduation Programmes	
<p>Specialization course in Preservation and Musealization of Archaeohistorical Sites</p> <p>Master's Degree in Prehistoric Archaeology and Rock Art (A Partnership between the Polytechnic of Tomar and Universidade de Trás-os-Montes e Alto Douro.)</p> <p>Master's Degree in Geographic Information Systems (A Partnership between the Polytechnic of Tomar and Universidade de Trás-os-Montes e Alto Douro.)</p> <p>Master's Degree in Landscape Management and Preservation (A Partnership between the Polytechnic and the University of the Algarve.)</p>	

• **ACCOMMODATION**

- SHORT DESCRIPTION OF THE ACCOMMODATION OFFERED (HOTEL, APARTMENTS, STUDENT HALLS, OTHERS; IF THERE ARE COOKING FACILITIES) AND ON THE RENT TO BE PAID PER WEEK

Accommodation

Rented room

Students can rent rooms in a family house. Prices vary between 100 and 150 € per month depending on the quality of the room and renting conditions.

Those who want a private room or a flat are advised to make a booking at a hotel:

Pensão Residencial Trovador

Rua 10 de Agosto de 1385 nº 22-24

2300-553 Tomar

Tomar - Santarém

Tel. +351 249 322 567

Fax. +351 249 322 194

e-mail: residencialtrovador@hotmail.com

Estalagem de Santa Iria

Mouchão Parque

2300 Tomar

Tel.:+ 351 249 313 326

Fax.:+ 351 249 321 238

Telm.: +351 968 815 471

E-mail: estalagem.iria@sapo.pt

<http://www.estalagemiria.com/index.htm>

Residência Santa Marta

Morada: Santa Marta _ 2300 Tomar

telemóvel: 962 495 456

Fax: 249 327 179

e_mail: residestudantes@hotmail.com

<http://residenciasantamarta.com.sapo.pt/rooms.htm>

Pensão Luanda

Avenida Marquês Tomar nº 15

2300-586 Tomar

Tomar - Santarém

Tel.

+351 249 323 200

Fax.

+351 249 322 145

Hotel dos Templários

Largo Cândido dos Reis, 1

2300 Tomar

Tel.: (+351) 249.310.100

Fax: (+351) 249.222.191

geral@hoteldostemplarios.pt

http://www.hoteldostemplarios.pt/templarios_en.html

For further information on accommodation, please consult/contact:

International Relations Office (IRO)

☎ <http://www.gri.ipt.pt> and gri@ipt.pt

• MEALS

- SHORT DESCRIPTION ON THE SERVICES OFFERED (UNIVERSITY CANTEENS, RESTAURANTS, BARS, OTHERS)



Canteens and bars

The Food Unit of the IPT campus located next to the Halls of Residence houses a cafeteria (open from 8:30am to 8:30pm) and a standard snack bar on the first floor and a low-cost canteen on the ground floor. This canteen is aimed to serve the IPT students and requires the use of meal tickets, which can be bought at the IPT Social Services until the day before. A complete meal (soup, dish, bread, drink and dessert) at the canteen costs 1,95 € and students can choose between a fish, a meat or a diet course and on Thursdays they can also choose from a vegetarian course. This service is available at lunch and dinner times. There is also a standard bar located on the ground floor of Building B open all day long.

• RECEPTION OF STUDENTS

- MEETING POINT (PLACE, DATE AND TIME OF FIRST MEETING - FOR EACH COURSE WHERE DIFFERENT)

FOR ALL COURSES:

24/08/2009 – 10:00 AM

AUDITORIUM PACHECO DE AMORIM – IPT CAMPUS

• EXTRA MURAL ACTIVITIES

- SITE VISITS

Interesting Places to Visit in Tomar

Tomar attracts thousands of tourists all year round because of its varied monuments and natural beauty. These include:

- **Castle and Convent of the Order of Christ:** Magnificent ensemble of the 12th to 16th century-architecture and art, it is the main monument of the city and one of the most important in Portugal. It was declared World Heritage Site by UNESCO in 1983. It has been the headquarters of the Templar Order and later of its successor, the Order of Christ.
- **Church of Santa Maria do Olival:** This Gothic church (13th century) was built as a burial ground for the Templar Knights. Gualdim Pais, the founder of the city, was buried in the church and his original tomb slab, dated from 1195 and bearing a gothic inscription, is still preserved inside.
- **Synagogue of Tomar:** Tomar has the best-preserved mediaeval synagogue of Portugal. It was built in the mid-15th century and has an interesting interior with Gothic vaulting and columns with classic capitals. Since 1939, it houses the small **Jewish Museum Abraão Zacuto**, with interesting pieces related to Jewish

history in Portugal.

- **Church of Saint John the Baptist:** (*São João Baptista*): The main church of Tomar is located in the main square of the town, in front of the Municipality (17th century) and a modern statue of [Gualdim Pais](#). The church was built between the 15th and 16th centuries and has many interesting artistic details, like the flamboyant Gothic portal, the Manueline tower with a 16th century clock, the decorated capitals of the inner columns of the nave and several panels painted in the 1530s by one of Portugal's best Renaissance artists, Gregório Lopes.
- **Chapel of Our Lady of the Conception:** (*Nossa Senhora da Conceição*): Chapel built between 1532 and 1540 in pure Renaissance style, begun by João de Castilho and finished by Diogo de Torralva. It was intended to be the burial chapel of King John III. Its beautiful and clear architecture turns it into one of the most remarkable early Renaissance buildings in Portugal.
- **Church and Convent of Saint Iria:** Located on the upper bank of the Nabão river, this early 16th century building has a nice Renaissance portal and altar, as well as Manueline architectural details.
- **Historic Centre:** The historic centre of Tomar is also worth a visit. It contains the greatest monumental collection of central Portugal and natural attractions such as the river, the weirs, the garden-island (the so-called Mouchão) as well as rich renaissance-style architectural details.

Museums

The most important museums are:

- **The Matches Museum** - with about 50 000 items it is the biggest in Europe.
- **The Contemporary Art Museum** – houses works of great Portuguese contemporary artists such as Almada Negreiros, Vespeira and Cutileiro. Collection donated by Professor José Augusto França.
- **Abraham Zacuto Portuguese-Jewish Museum** – installed in the synagogue, the museum is a very important testimony of the presence of the Jewish culture in the country and in the world.

- SPORTS FACILITIES (SWIMMING, TENNIS, GYMNASIUM; OPENING DAYS AND AVAILABLE INFORMATION)

Sports

Besides the sports facilities in the IPT campus, the city also offers several sports units such as a modern stadium and a multi-function pavilion, a new sports complex with excellent conditions for the practice of swimming and water gymnastics, tennis, squash, gymnastics, yoga and dancing. Those who like bowling can play it in an entertainment facility not far from the Polytechnic.

- ENTERTAINMENT (CINEMA, THEATRE, ETC.; BRIEF INFORMATION ON PLACES AND STUDENT FACILITIES)

Cultural Life

Tomar is home to numerous cultural activities. The Cine-Teatro Paraíso located downtown offers theatres, music concerts and cinema.

The Convent of Christ is also stage for several theatre plays and renaissance dinners offered throughout the year. Art lovers ought to visit museums or the Town Hall art gallery where temporary exhibitions are held throughout the year. The Lagares d'El Rei (old olive oil mills) is also home to several music and dance performances.

Note: where more than one course is organised at each level, this form should be copied and completed for each course

PART II: COURSE(S) DESCRIPTION

COURSE NO: 1

LEVEL

I- Beginner course

II- Intermediate course

	FROM...	To...
PERIOD:SUMMER	24/08/2009	15/09/2009

• **LANGUAGE COMPONENT**

- SHORT DESCRIPTION OF LANGUAGE COMPONENT: OBJECTIVES AND TEACHING METHODS

The course goals match the language goals proposed by the Common European Framework of Reference for Languages (CEFR) for A1 level as follows:

- Elementary Users A1

They can understand and use familiar terms and phrases as well as simple sentences to meet everyday life needs. They can introduce themselves or other people and ask and answer questions on personal details such as, living place, acquaintances and belongings. They are able to communicate in a simple way if their interlocutor speaks slowly and clearly and is cooperative.

In addition, the course is expected to promote multilingualism by developing multilingual and multicultural skills.

- Course books from renowned publishers appropriate to the CEFR. goals.
- Varied audiovisual media, including on-line exercises through Internet.
- Language Laboratory

- SUBJECT-SPECIFIC LANGUAGE ELEMENTS YES NO
 (e.g. special modules for students in particular disciplines)

IF YES, SPECIFY:

- DURATION

TOTAL NUMBER OF CLASSES	60h
HOURS IN CLASSROOM	45h
HOURS OF PRACTICE CONVERSATION/LANGUAGE LABORATORY	15h
OTHER (PLEASE SPECIFY)	

Note: where more than one course is organised at each level, this form should be copied and completed for each course

--	--

- ASSESSMENT (SPECIFY IF THE ASSESSMENT IS MADE BY WRITTEN/ORAL EXAMINATION, ASSIGNMENT, ETC.)

The assessment methods used are the ones recommended by CEFRL as to assessment of the main language skills, including: - Oral comprehension; - Oral expression; - Oral interaction; - Written comprehension;- Written expression
--

• **COURSE FACILITIES**

- TEACHING AIDS

<input checked="" type="checkbox"/> AUDIO/VIDEO MATERIALS
<input checked="" type="checkbox"/> COMPUTER/SOFTWARE
<input checked="" type="checkbox"/> HANDOUTS/PRINTED TEXTS
<input checked="" type="checkbox"/> TRANSPARENCIES
<input type="checkbox"/> OTHER : (SPECIFY)

- LIBRARY **YES** **NO**

IF YES, SPECIFY:

TIMES	Monday to Friday: 9:00h – 23:30h Saturday: 9:00h – 13:00h
OPENING DAYS	Monday to Friday: 9:00h – 23:30h Saturday: 9:00h – 13:00h
ADDRESS	IPT CAMPUS

- LANGUAGE LABORATORY **YES** **NO**

IF YES, SPECIFY:

TIMES	9:00-12:30 AND 14:00-17:30
OPENING DAYS	FROM MONDAY TO FRIDAY
ADDRESS	IPT CAMPUS
COST	FREE

• **CULTURAL COMPONENT**

- SHORT DESCRIPTION OF THE CULTURAL ELEMENTS INCLUDED IN THE COURSE: OBJECTIVES AND TEACHING METHODS

In this regard the following objectives can be considered: - Make the students aware of the significance of Culture in human behaviour. - Make the students acknowledge and value cultures as a means of personal enhancement

Note: where more than one course is organised at each level, this form should be copied and completed for each course

- Make the students conscious of their socio-economic reality by contacting with the Portuguese cultural reality
For this purpose several cultural activities will be organized such as scheduled visits to the region and participation in various cultural programmes in cooperation with the Municipalities and the Student's Unions of IPT's schools.

- DURATION

TOTAL HOURS OF ACTIVITIES	25h
----------------------------------	------------

• TEACHERS AND SUPPORT STAFF

	NUMBER OF:
TEACHERS	2
ADMINISTRATORS	1
STUDENTS	5